



Perspectief
herstelbemiddeling

Restorative Mediation

How contact with the other person could help

Perspectief Herstelbemiddeling guides and facilitates contact between people who were involved in an impactful event. For example a crime, a traffic accident, or sexually transgressive behavior. The contact happens under the guidance of a professional mediator. This is called restorative mediation.

Why restorative mediation?

It is different for everyone how restorative mediation can help. The contact often helps people process what happened. People can ask each other questions and give answers. This way, they can gain more insight into how and why it happened, and what the impact of the event has been. People often feel relieved after the contact, and feel less scared or angry. It helps them take a step in their recovery, and can prevent it from happening again.

How does restorative mediation work?

In restorative mediation, you get in contact with the other person through a mediator from Perspectief. The mediator guides and facilitates the contact and carefully prepares it with both participants. The contact can take the form of a face-to-face conversation, but also a letter, or a shuttle mediation. A shuttle mediation means that messages are passed on between participants through the mediator. In that case, the participants do not meet.

Participation is voluntary for everyone, and possible at any time. It can be shortly after the event, or years later. It is also possible when no police report was ever filed. Even if the mediation has already started, you or the other person can stop or pause it at any time. The conversations are confidential, and participating does not cost any money.

How can you apply?

Restorative mediation is meant for those who were directly involved in an impactful event.

You can apply for an intake with a mediator through the form on our website www.perspectiefherstelbemiddeling.nl/en. You can also scan the QR-code on this flyer.

Someone else can also apply for you. For example, an employee of an organization that is helping you after the impactful event.

After your application, someone from our central registration point will contact you to give you more information and discuss the next steps. After that, a mediator will plan an intake with you to discuss the possibilities, and help you think about whether restorative mediation can be useful for you. Only after the intake and with your permission, the other party will be contacted.



Questions? Please contact us! You can reach us on working days between 09:00 and 17:00 at **+31 (0)30 234 00 45**. You can also send an e-mail to info@perspectiefherstelbemiddeling.nl.